



Positive Ageing Events Calendar

• OCTOBER 2019 •



TUESDAY, 1 OCT
International Day of Older Persons Garden Party
Pedro St. James: 3pm-6pm

THURSDAY, 3 OCT
Panel Discussion
on Radio Cayman Talk Today
Constitution Hall (formerly George Town Town Hall): 10am-11:30am

Cayman Brac Island Tour
9am-1pm | Call to Register

FRIDAY, 4 OCT
Gym Day for Older Persons
Bliss Yoga: 1:30pm-2:15pm | Call to Register

SATURDAY, 5 OCT
Circle of Love Fellowship Brunch
Triple C School Hall: 10:00am-12:30pm

SUNDAY, 6 OCT
Opening Church Service
Wesleyan Holiness Church, West Bay: 11am

MONDAY, 7 OCT
Grand Cayman Island Tour
Call to Register

TUESDAY, 8 OCT
Bingo Night
Aston Rutty Civic Centre, Cayman Brac: 7pm-9pm

WEDNESDAY, 9 OCT
Grand Cayman Island Tour
Call to Register

THURSDAY, 10 OCT
The Big Stage
Harquail Theatre: 6pm-8pm

FRIDAY, 11 OCT
Gym Day for Older Persons
Bliss Yoga: 1:30pm-2:15pm | Call to Register
Body Alive Gym | Call to Register
King's Sports Centre | Call to Register

Little Cayman Tour & Social
Call to Register

SATURDAY, 12 OCT
Tea Party
The Pines: 4pm-6pm

MONDAY, 14 OCT
Talk Today Radio Programme
Radio Cayman: 12pm

Cayman Brac Island Tour
9am-1pm | Call to Register

TUESDAY, 15 OCT
Movie Screening
Camana Bay: 1pm

WEDNESDAY, 16 OCT
For the Health of It
Radio Cayman: 7pm

THURSDAY, 17 OCT
Presentation on Court Services & Legal Advice
Elmslie Memorial United Church Hall: 10am-11:30am

FRIDAY, 18 OCT
Gym Day for Older Persons
Bliss Yoga: 1:30pm-2:15pm | Call to Register
Body Alive Gym | Call to Register

Old Time Cooking
Youth Development Centre, Cayman Brac:
9am-1pm

SATURDAY, 19 OCT
Bingo Night
Lions Community Centre: 5pm-7pm

SUNDAY, 20 OCT
Special Church Service
Crossroads United Baptist Church
Cayman Brac: 11am

TUESDAY, 22 OCT
Nurse Josie's Seniors Center
Tour & Lunch
Nurse Josie's Seniors Center, Bodden Town:
10am-12:30pm

WEDNESDAY, 23 OCT
Cayman Brac Social
Aston Rutty Civic Centre, Cayman Brac: 10am-2pm

FRIDAY, 25 OCT
Gym Day for Older Persons
Bliss Yoga: 1:30pm-2:15pm | Call to Register
King's Sports Centre | Call to Register

SATURDAY, 26 OCT
Older Persons Gala
Margaritaville Resort: 6pm-10pm
Limited Space - Call to Register

- Little Cayman & Brac Events
- Grand Cayman Events

FOR TRANSPORT & TO REGISTER FOR EVENTS CONTACT:

West Bay: Vanda Powery (916-7902)	North Side: Flavia Gardner (926-0490)
George Town: Dorline Welcome (925-4083)	East End: Delmira Bodden (925-5543)
Bodden Town: Flavia Gardner (926-0490)	Cayman Brac/Little Cayman:
Carol Bodden (924-3309)	Annie Rose Scott (925-9872/916-7310)

For further information contact:
Department of Children and Family Services 949-0290/948-2331

